



# Blueprint

## Designing Your Shared Future

- 1 | Clarify your desired future across the whole of your lives
- 2 | Create better work-life integration
- 3 | Realise more of your personal and shared potential

Blueprint: Designing Your Shared Future is designed for couples to provide some structured time out of your busy lives to focus on your future.

The structure of the programme helps take your thinking and conversations about the future further. Going beyond the “small bites” of attention we often give to the future and helping you move beyond the “stuck points” that occur when we think together about the future.

The two day programme (plus follow-up) provides structure, support and stimulation to get clarity on what matters to you both and your shared future.

*"It is invaluable for couples to do this programme, it brings your future to life and helps it become a reality rather than just a vague idea. It was great to come together as a couple to discuss our values and aspirational statement".*

Deloitte Participant

## Benefits of **Blueprint: Designing Your Shared Future**

### Direction

The programme provides the tools and time to clarify what success looks like in the important areas of your life. Creating shared visions provide clarity and focus in the hustle and bustle of life.

### Increased Energy and Motivation

Getting beyond your day-to-day activities and defining what is most important in your life can be the stimulus you need to take some control back of your future and to increase your energy and satisfaction.

### A Clear Plan of Action

We don't just provide principles – you apply all ideas immediately to your life so you leave with a clear action plan for your future that you are both committed to.

### Support Tools

We provide regular support kits to help you maintain your focus and momentum.

## Overview

Preparation		Day One	Day Two	Follow Up
Reflection on what matters most	am	<b>The Foundations for Creating Your Future</b>  Introduction to the Blueprint model  Commitment for creating a shared future  Communication strategies for working with your partner  Foundational Values	<b>Planning for Success</b> <i>"If you can't imagine it, you can't achieve it".</i>  Creating life strategies - goals and action plans	6 Support Kits (to extend learning and help keep focus and momentum)
Key life areas to focus on				
Love Languages Questionnaire				
Checking Him/ Her Out Observe Your Partner in Action	pm	<b>Creating Shared Visions</b>  How and why visions work  Confirming the key life areas to focus on  Creating personal and shared visions	<b>Sustaining Your Visions</b>  Keeping track of progress and celebrating milestones  Tools for supporting each other	

*"It provides time out to consider what is really important to you and Peter and Michele provide great guidance".*

Deloitte Participant