



All of Life **Blueprint**

Creating Your Future

- 1 | Clarify your desired future across the whole of your life
- 2 | Create better work-life integration
- 3 | Realise more of your personal potential

With the pace and uncertainty of today getting the time and space to really focus on the future you want across all areas of your life and work can be difficult.

The two day programme (plus follow-up) provides structure, support and stimulation to get clarity on what matters to you and your future.

It helps take your thinking about the future further - going beyond the "small bites" of attention we often give to the future, and helping you move beyond the points where we often get stuck when thinking about the future.

“Really good to take time out and reflect on ‘whole of life’ not just work”.

Deloitte Participant

Benefits of All of Life Blueprint

Direction

The programme provides the tools and time to clarify what success looks like in the important areas of your life. Creating personal visions provide clarity and focus in the hustle and bustle of life.

Increased Energy and Motivation

Getting beyond your day-to-day activities and defining what is most important in your life can be the stimulus you need to take some control back of your future and to increase your energy and satisfaction.

A Clear Plan of Action

We don't just provide principles – you apply all ideas immediately to your life so you leave with a clear action plan for your future.

Support Tools

We provide regular support kits to help you maintain your focus and momentum.

Overview

Preparation		Day One	Day Two	Follow Up
Reflection on what matters most	am	The Foundations for Creating Your Future Introduction to the BluePrint model Developing the right mindset for the future	Releasing Your Aspiration <i>"If you can't imagine it, you can't achieve it."</i> How and why visions work Creating personal visions for each key life area	6 Support Kits (to extend learning and help keep focus and momentum)
Key life areas to focus on	pm	Clarifying Your Purpose & Values <i>"It's not the doing that matters, but doing what matters"</i> 80th birthday exercise Confirming the key life areas to focus on	Defining Your Plans Creating goals and action plans Keys to sustaining your progress and energy	

“Probably the most valuable course I've ever attended in terms of contribution to the longer term”.

Deloitte Participant